

# RNAi Therapy in ATTRv Amyloidosis with Polyneuropathy (HELIOS-A): Patient-reported Experiences and Preferences

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## Conclusions

- Most patients receiving subcutaneous (SC) vutrisiran every 3 months (Q3M) or intravenous (IV) patisirán every 3 weeks (Q3W) in the HELIOS-A study report favorable experiences regarding convenience
- At Month 18, a larger proportion of patients rated the frequency of dosing and duration of administration to be quite a bit/extremely convenient in the Q3M SC vutrisiran arm vs the Q3W IV patisirán arm
- The vast majority of patients switching from patisirán to vutrisiran in the randomized treatment extension (RTE) preferred the administration of Q3M/every 6 months (Q6M) SC vutrisiran rather than Q3W IV patisirán at Month 9
  - More than half of patients who preferred vutrisiran had a quite/extremely strong preference for it
  - Frequency of administration was the primary reason given for vutrisiran preference
  - Location of treatment administration had limited impact on patient preference
  - Patisirán administration may have had a higher burden than vutrisiran administration due to the additional premedications used to minimize the risk of infusion-related reactions

## Background and Rationale

### Background

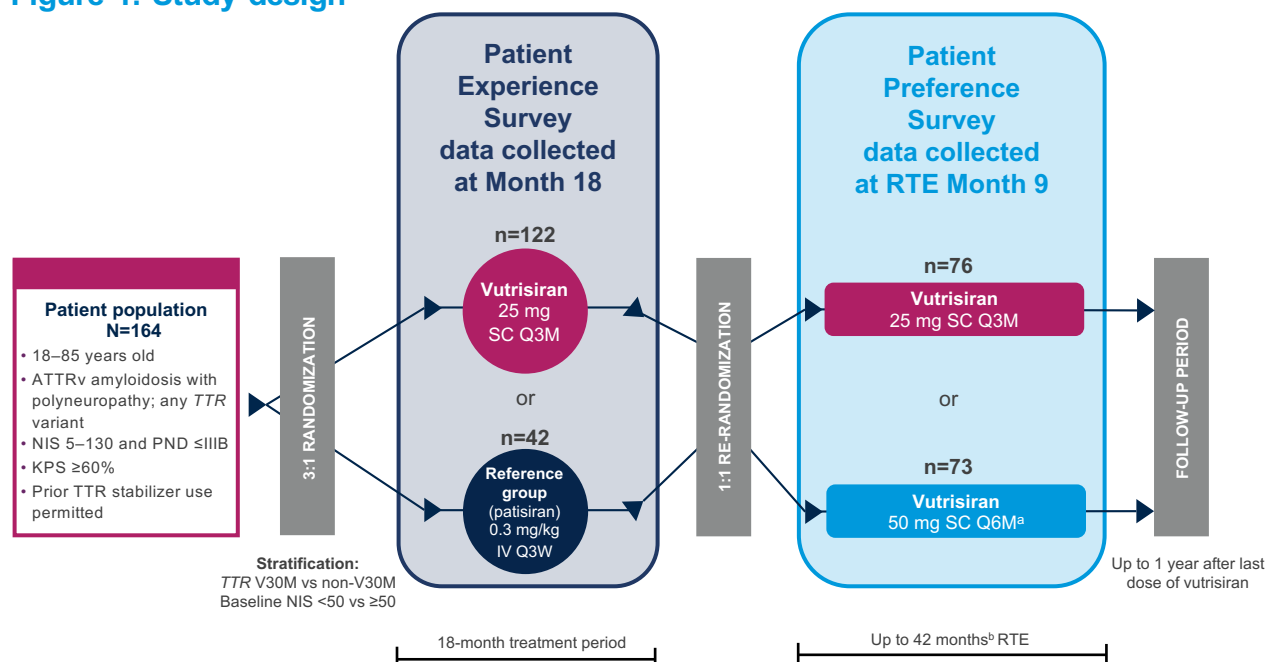
- ATTRv amyloidosis is a rare, underdiagnosed, rapidly progressive, debilitating, and fatal disease caused by variants in the *TTR* gene that result in misfolded transthyretin (TTR) accumulating as amyloid deposits in multiple organs and tissues<sup>1-4</sup>
- Vutrisiran and patisirán are approved RNAi therapeutics for ATTRv amyloidosis with polyneuropathy, based on the Phase 3, open-label HELIOS-A study<sup>5-7</sup> and the Phase 3, placebo-controlled APOLLO study<sup>8-10</sup>, respectively
- Vutrisiran is administered subcutaneously (Q3M)<sup>6,7</sup> and patisirán is administered intravenously (Q3W)<sup>9,10</sup>

### Objective

- To evaluate patient experiences with, and preferences for, vutrisiran and patisirán in HELIOS-A

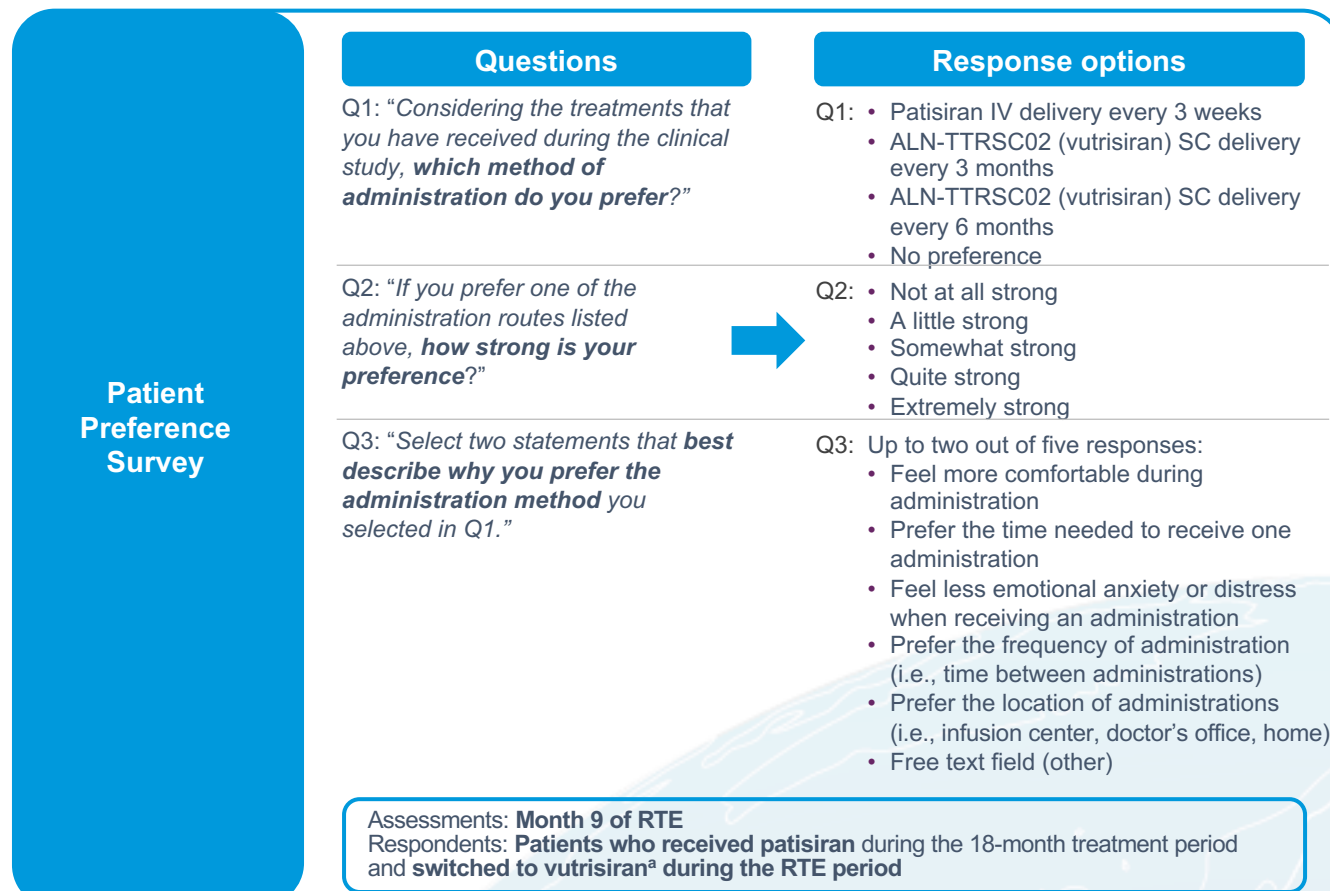
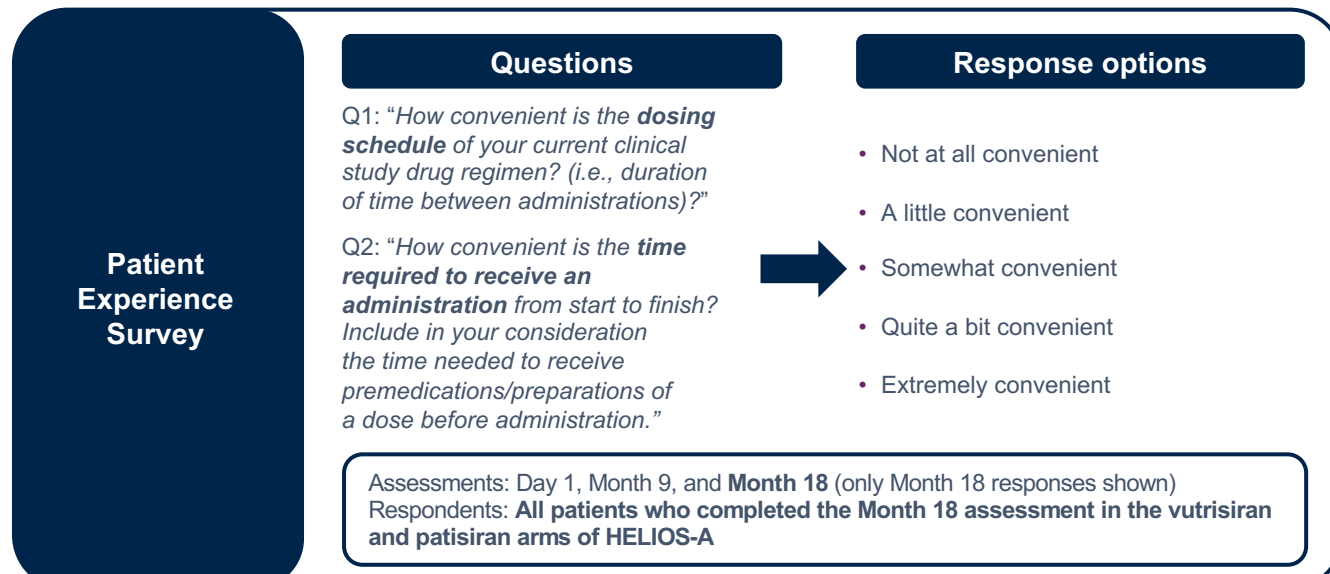
## Methods

### Figure 1. Study design



<sup>a</sup>The vutrisiran 50 mg Q6M dose was discontinued during the RTE period of this study, and all patients receiving vutrisiran 50 mg Q6M were transitioned to the 25 mg Q3M dose 24 weeks after their last dose. Hence, data from both dose regimens were pooled for this analysis. <sup>b</sup>Patients completed the study following 18 months of the RTE period.

### Figure 2. Patient experience and preference surveys



<sup>a</sup>The vutrisiran 50 mg Q6M dose was discontinued during the RTE period of this study, and all patients receiving vutrisiran 50 mg Q6M were transitioned to the 25 mg Q3M dose 24 weeks after their last dose. Hence, data from both dose regimens were pooled for this analysis.

## Results

### Number of Survey Respondents

Survey	Month 18 survey respondents
Patient Experience Survey	113/122 (93%) patients (vutrisiran)
Patient Experience Survey	38/42 (90%) patients (patisirán)

Survey	RTE Month 9 survey respondents
Patient Preference Survey	27/37 (73%) patients (patisirán to vutrisiran switch)

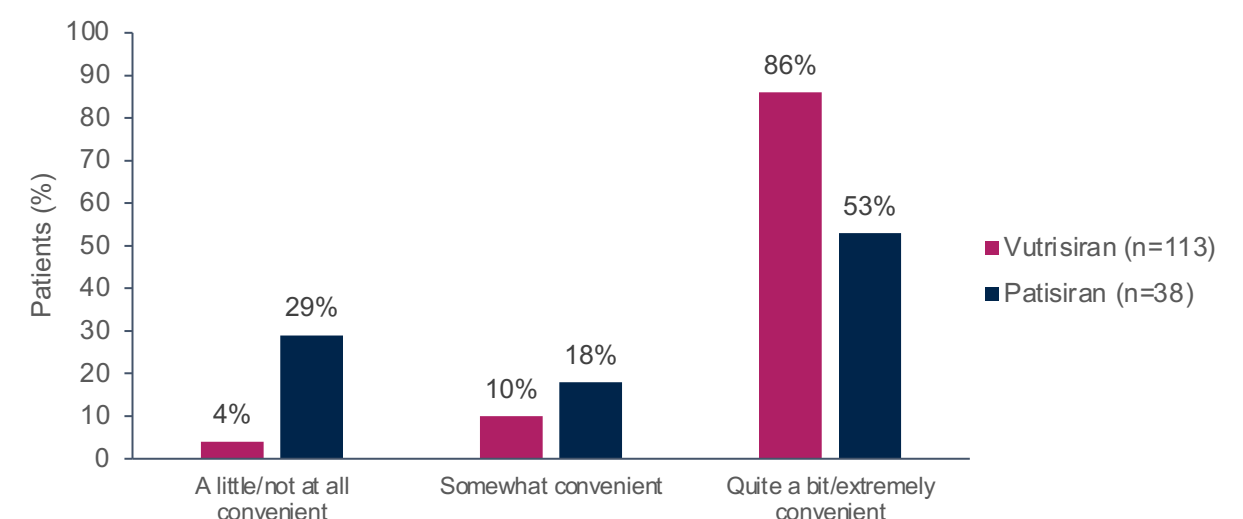
## Results (cont'd)

### HELIOS-A Patient Experience Survey: Baseline to Month 18

#### Patient-rated Convenience of Dosing Schedule at Month 18

- A larger proportion of patients treated with vutrisiran vs patisirán rated their dosing schedule to be quite a bit/extremely convenient at Month 18 (Figure 3)

Figure 3. HELIOS-A Patient Experience Survey: Patient-rated convenience of dosing schedule at Month 18<sup>a</sup>

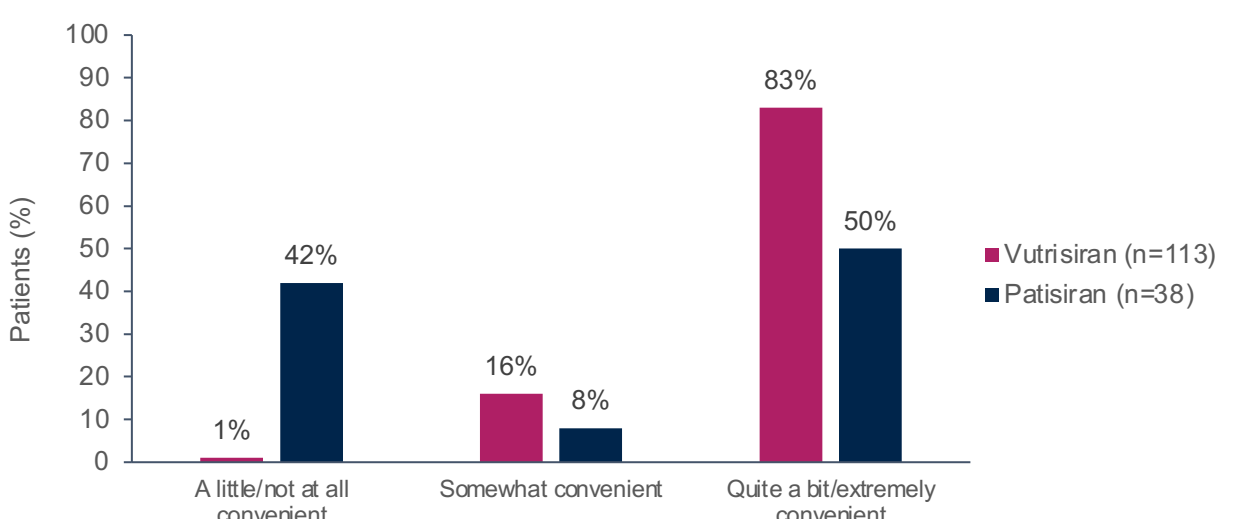


<sup>a</sup>Survey question (Q1): "How convenient is the dosing schedule of your current clinical study drug regimen? (i.e., duration of time between administrations)?"

#### Patient-rated Convenience of Time Required to Receive Administration at Month 18

- A larger proportion of patients treated with vutrisiran vs patisirán rated the time required to receive their drug administration to be quite a bit/extremely convenient at Month 18 (Figure 4)

Figure 4. HELIOS-A Patient Experience Survey: Patient-rated convenience of time to receive administration at Month 18<sup>a</sup>

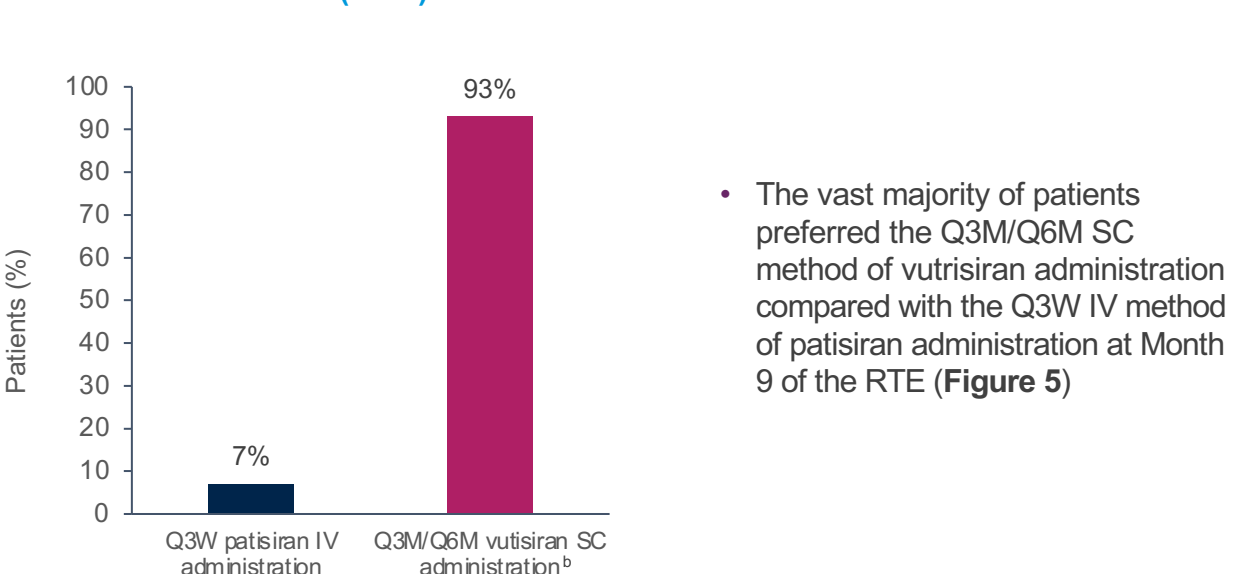


<sup>a</sup>Survey question (Q2): "How convenient is the time required to receive an administration from start to finish? Include in your consideration the time needed to receive premedications/preparations of a dose before administration."

## HELIOS-A Patient Preference Survey: HELIOS-A Month 18 to RTE Month 9

### Patient Preference of Administration Method at RTE Month 9

Figure 5. HELIOS-A Patient Preference Survey: Patient preference of administration method at Month 9 RTE (n=27)<sup>a</sup>

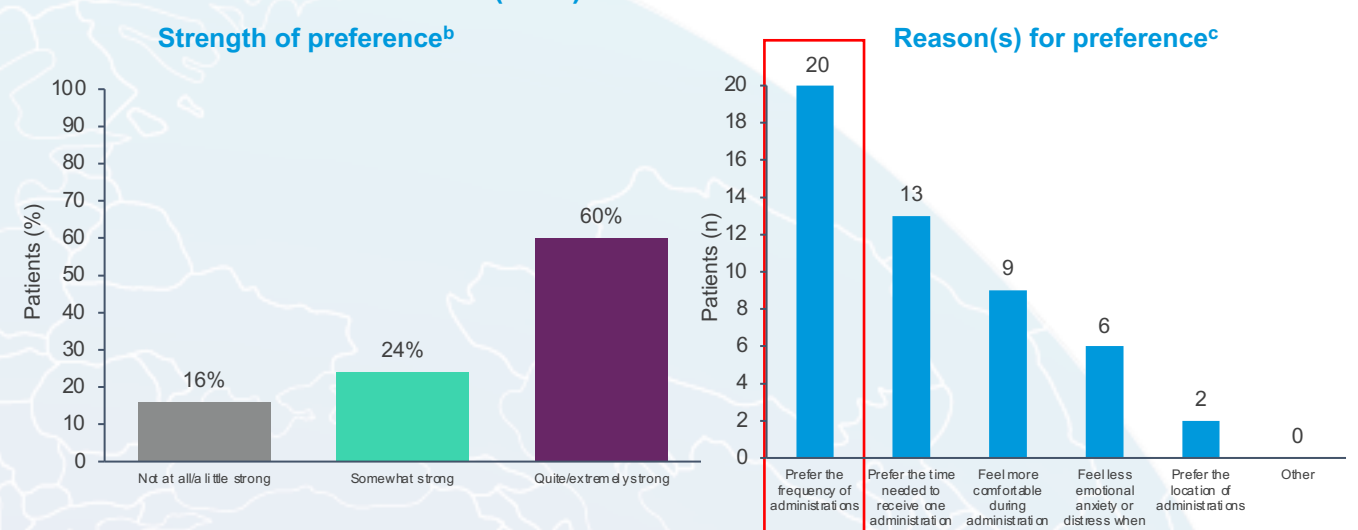


<sup>a</sup>Survey question (Q1): "Considering the treatments that you have received during the clinical study, which method of administration do you prefer?"  
<sup>b</sup>The vutrisiran 50 mg Q6M dose was discontinued during the study so data from patients receiving the 50 mg Q6M and 25 mg Q3M doses were pooled.

### Patient Preference for SC Vutrisiran at RTE Month 9

- Most patients favoring the SC method of administration for vutrisiran had a strong preference for this choice (Figure 6)
- The most common reason for this preference was the frequency of administration (Figure 6)

Figure 6. Patient Preference Survey: Patients preferring the SC method of vutrisiran administration at Month 9 RTE (n=25)<sup>a</sup>



<sup>a</sup>The vutrisiran 50 mg Q6M dose was discontinued during the RTE period of this study, and all patients receiving vutrisiran 50 mg Q6M were transitioned to the 25 mg Q3M dose 24 weeks after their last dose. Hence, data from both dose regimens were pooled for this analysis.

<sup>b</sup>Survey question (Q2): "If you prefer one of the administration routes listed above, how strong is your preference?"

<sup>c</sup>Survey question (Q3): "Select two statements that best describe why you prefer the administration method you selected in Q1." Up to two statements could be chosen.

Thank you to the patients, their families, investigators, study staff, and collaborators for their participation in the HELIOS-A study.

**Acknowledgments:** Medical writing assistance was provided by Olympia Gianfrancesco, PhD, of Adelphi Communications Ltd, UK, and funded by Alnylam Pharmaceuticals in accordance with Good Publication Practice Guidelines. **Funding:** This study was funded by Alnylam Pharmaceuticals. **Disclosures:** L.O. reports consulting fees from Alnylam Pharmaceuticals, AstraZeneca, Bristol-Myers Squibb, Ionis Pharmaceuticals, Novo Nordisk, Pfizer, and SOBI; and payment or honoraria for presentations, speakers bureaus, or educational events from Alnylam Pharmaceuticals, AstraZeneca, Bristol-Myers Squibb, Ionis Pharmaceuticals, Novo Nordisk, Pfizer, and SOBI. A.G.-D. reports consulting fees from Alnylam Pharmaceuticals, AstraZeneca, Bristol-Myers Squibb, Ionis Pharmaceuticals, Novo Nordisk, Pfizer, and SOBI; and payment or honoraria for presentations, speakers bureaus, or educational events from Alnylam Pharmaceuticals, AstraZeneca, Bristol-Myers Squibb, Ionis Pharmaceuticals, Novo Nordisk, Pfizer, and SOBI. L.G. reports consulting fees, payment or honoraria for presentations, speakers bureaus, or educational events from Alnylam Pharmaceuticals, AstraZeneca, Bristol-Myers Squibb, Ionis Pharmaceuticals, Novo Nordisk, Pfizer, and SOBI. J.B. reports grants or contracts from Alnylam Pharmaceuticals, AstraZeneca, and Ionis Pharmaceuticals, consulting fees from Alnylam Pharmaceuticals, AstraZeneca, Bristol-Myers Squibb, Ionis Pharmaceuticals, Novo Nordisk, Pfizer, and SOBI; and payment or honoraria for presentations, speakers bureaus, or educational events from Alnylam Pharmaceuticals, AstraZeneca, Bristol-Myers Squibb, Ionis Pharmaceuticals, Novo Nordisk, Pfizer, and SOBI. S.B. reports consulting fees for Alnylam Pharmaceuticals, AstraZeneca, Bristol-Myers Squibb, Ionis Pharmaceuticals, Novo Nordisk, Pfizer, and SOBI. V.K. reports consulting fees for Alnylam Pharmaceuticals, AstraZeneca, Bristol-Myers Squibb, Ionis Pharmaceuticals, Novo Nordisk, Pfizer, and SOBI. K.C. reports consulting fees for Alnylam Pharmaceuticals, AstraZeneca, Bristol-Myers Squibb, Ionis Pharmaceuticals, Novo Nordisk, Pfizer, and SOBI. M.P. reports consulting fees for Alnylam Pharmaceuticals, AstraZeneca, Bristol-Myers Squibb, Ionis Pharmaceuticals, Novo Nordisk, Pfizer, and SOBI. **Abbreviations:** ATTRv, hereditary transthyretin (v) amyloidosis; IV, intravenous; KPS, Karnofsky Performance Status; NIS, Neuropathy Impairment Score; PND, polyneuropathy disability; Q3M, every 3 months; Q3W, every 3 weeks; Q6M, every 6 months; RTE, randomized treatment extension; SC, subcutaneous. **References:** 1. Hanna, C. *Curr Heart Fail Rep* 2014;11:150-7. 2. Hawkins, et al. *Ann N Y Acad Sci* 2015;1352:36-3. 3. Dumy, et al. *J Card Pharmacol* 2015;67:117-23. 4. Mehry, et al. *Arch Cardiovasc Dis* 2013;106:528-40. 5. Adams, et al. *Amyloid* 2023;30:19-26. 6. Food and Drug Administration. Prescribing information: AMVUTTRA injection. 2022. Available from: [https://www.accessdata.fda.gov/drugsatfda\\_docs/nda/2022/155150Orig1s.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/nda/2022/155150Orig1s.pdf) (accessed March 2023). 7. European Medicines Agency. Summary of product characteristics: AMVUTTRA 25 mg solution for injection. 2022. Available from: [https://www.ema.europa.eu/en/documents/product-information/amvuttra-epar-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/amvuttra-epar-product-information_en.pdf) (accessed March 2023). 8. Adams, et al. *N Engl J Med* 2018;379:11-21. 9. European Medicines Agency. Summary of product characteristics: ONPATRRO 2 mg/mL concentrate for solution for infusion. 2018. Available from: [https://www.ema.europa.eu/en/documents/product-information/onpatrro-epar-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/onpatrro-epar-product-information_en.pdf) (accessed March 2023). 10. Food and Drug Administration. Prescribing information: ONPATRRO lipid emulsion injection. 2022. Available from: [https://www.accessdata.fda.gov/drugsatfda\\_docs/nda/2022/155150Orig1s.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/nda/2022/155150Orig1s.pdf) (accessed March 2023).

Presented at the International ATTR Amyloidosis Meeting, November 2-3, 2023, Madrid, Spain.